# **Working and Communicating as Part of a Team**

#### Course outline

Provided by: Performance Management Consultants - PMC Training



Reference no. 269-26

**Duration** 1.00 day(s) | 6:00 hours <sup>1</sup>

Website link <a href="https://pmctraining.com/training/working-and-communicating-as-part-of-a-team/">https://pmctraining.com/training/working-and-communicating-as-part-of-a-team/</a>

## Developing Insight and Skills to Work Effectively with Others

Being able to get along with co-workers and cooperate effectively towards the achievement of common goals is a highly valued key competency that can open the doors to increased responsibility and opportunities in your career.

This workshop will give you the insight you need to better contribute to your team's success. Using an 18 point personal assessment tool you'll gain a better understanding of your individual team style and learn how to identify team strengths and trouble spots. You'll learn valuable skills to transfer knowledge and information to other team members in an effective way to maximize productivity.

You'll also learn how to improve communication and build rapid rapport using the True Colors model.

## **Learning outcomes**

#### At the end of this workshop, you will be able to:

- Understand your own team style and the other three styles
- Know how to communicate with other personality types based on the True Colors model
- Utilize the communication model to promote team harmony and shared commitment
- Better support and value others' contributions toward team goals
- Improve team productivity and alignment towards corporate vision and goals

## **Workshop topics**

- Understanding team dynamics: the four team member styles
- Discovering your personal team member style
- Capitalizing on style strengths and improving trouble spots
- Assessing your predominant personality colour
- Identifying other personality types for better communications

<sup>&</sup>lt;sup>1</sup> The course hours reflect teaching time that often correlate with continuing education credits (CEC) or professional development units (PDU). Please check with your profession's governing body, as there is no universal approach.

- How active listening plays a role in better team communications
- Letting go of agendas and expectations
- Developing common vision, goals, and daily action steps

# **Prerequisites**

There are no prerequisites for this course.

### Who should attend this course?

Anyone who wants to improve their ability to work effectively as part of a team or lead a team, including team members, team leaders, supervisors, managers and directors.