

# Courageous Leadership

## Course outline

Provided by: Performance Management Consultants – PMC Training



<b>Reference no.</b>	131-26
<b>Duration</b>	0.50 day(s)   3:00 hours <sup>1</sup>
<b>Website link</b>	<a href="https://pmctraining.com/training/courageous-leadership/">https://pmctraining.com/training/courageous-leadership/</a>

### ***Building Your Foundation for Tenacity, Perseverance and Strength***

Courage is like a muscle; the more you use it the stronger it grows. Although some may have an aptitude for it, anyone can learn to be courageous. Being courageous can take various forms, including: not shying away from uncomfortable situations, encouraging rather than stifling creativity among those around you, and a willingness to take calculated risks and decisions and stand by them. Demonstrating courage can fast track your career.

It's not always easy to be a courageous leader, but usually a leader like this will be remembered with admiration and respect.

At this workshop, you'll gain an understanding the qualities of courageous leadership, and learn how to apply and implement them – regardless of your position or role.

### **Learning outcomes**

#### **By the end of this workshop, you will be able to:**

- Learn to appreciate the value of being courageous when leading others
- Define values necessary for courage
- Understand the different types of courage and when to use each kind
- Discover ways of leading that inspire more courageous behaviour
- Realize the roles courage plays in leadership and their benefits

### **Workshop topics**

- What is Courageous Leadership?
- Understanding the importance of self-awareness and vulnerability
- Giving and receiving constructive feedback

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<sup>1</sup> The course hours reflect teaching time that often correlate with continuing education credits (CEC) or professional development units (PDU). Please check with your profession's governing body, as there is no universal approach.

- Tips on how to be a courageous leader
- The roles courage plays in leadership

## **Prerequisites**

There are no prerequisites for this course.

## **Who should attend this course?**

Anyone who would like to improve their leadership skills (whatever your position, leadership skills are a benefit to every organization).